If at least one individual in your household is age 60 or older and/or disabled*:

✓ You can qualify for the Standard Medical Deduction and your CalFresh allotment may increase!

✓ You can maximize your CalFresh benefits, if you have paid medical expenses in excess of $35 per month consisting of:

- Medicare premium
- Medi-Cal Share of Cost (SOC) Medical or Dental care
- Prescribed medication
- Prescribed over the counter medications
- Hospitalization or outpatient treatment/nursing care
- Health and hospitalization insurance policy premiums
- Prescribed eyeglasses or contact lenses
- Dentures, hearing aids and prosthetics
- Prescribed medical supplies and equipment
- Maintaining an attendant necessary due to age, illness, or infirmity
- Service animals (i.e. seeing eye or hearing dog) expenses (food, vet bills, etc.)
- Cost of transportation (mileage or fee) for treatment or services
- The number and cost of meals furnished to an attendant
- Cost of lodging to get treatment or services
- Other (please specify)

If you have verifiable medical expenses, please call the County of Santa Cruz, Human Services Department at (888) 421-8080, or come by a Customer Service Center located at 1020 Emeline Avenue, Santa Cruz, or at 18 West Beach Street, Watsonville.

*Disabled: Receiving disability payments from the social Security Administration (SSA) or has been deemed disable by the Federal Government.