CalWORKs Employment & Training Services
Program Participation

ETS-Ashley
Our Goal...

- To help **you** reach your goals!
Make the most of your limited time on CalWORKs...

There is a 48-month time limit to receive CalWORKs Cash Aid.

There is a 24-month time limit to participate in certain activities during the 48 months.

If needed, eligible children can continue receiving their portion of the cash aid after a parent’s time runs out.

ETS: Brian
Some situations may stop your CalWORKs time clock:

- You care for a child 0-23 months old (one time only)
- You have a disability expected to last at least 30 days
- You care for someone in your home that is unable to care for him/herself
- You are experiencing a crisis (Family Stabilization)
- You are Pregnant and cannot work
- You are a non-parent relative caretaker of a child
- You are under 16 years old or over 60 years old
- You are 16-18 years old and going to school full-time

Even if you qualify for an exemption, you can still take full advantage of our services and support!
What does your participation look like?

Find and engage in the activities that **align best with your goals**!

<table>
<thead>
<tr>
<th>Family Type</th>
<th>Hourly Requirement</th>
<th>Hours to meet Weekly Average</th>
<th>Monthly Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single parent with a child under 6</td>
<td>20</td>
<td>22</td>
<td>87</td>
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<tr>
<td>Single parent with child(ren) over 6</td>
<td>30</td>
<td>33</td>
<td>130</td>
</tr>
<tr>
<td>Two-parent family</td>
<td>35</td>
<td>38</td>
<td>152</td>
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</tbody>
</table>
Your Monthly Activity Report (MAR)...

- Tracks monthly participation hours by activity type.
- Is completed monthly by each adult participant.
- Is due to your ETS by the 5th of the following month.

### Monthly Activity Report (MAR)

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Plan Hours</th>
<th>Case #</th>
<th>Month</th>
<th>Year</th>
<th>ETS</th>
</tr>
</thead>
<tbody>
<tr>
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<td>1st</td>
<td>2nd</td>
<td>3rd</td>
<td>4th</td>
<td>5th</td>
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[Please see instructions on back of form]
Program activities and opportunities...

- Employment
- Job Search
- Career Assessment Workshop
- Work Experience/Volunteering
- Family Stabilization
- Education
- Distance Learning
- Vocational Training & Study Hours
- And more...
Time spent on County approved activities may also count toward your participation target!

- Appointments with ETS or Social Worker
- Counseling appointments
- Family and Children Services
- Volunteer Work/Community Service
- Domestic violence services
- Substance abuse services
- Parenting classes
- Legal services

ETS: Rosie
We know sometimes things in life don’t go as planned…

If you are having a hard time participating or developing your plan, communicate with your ETS.

You may qualify for an exemption, additional services, or we can help you with goal setting.

We are on your side and are here to help!

ETS: Brenda
Questions?

Tip: For CalWORKs eligibility questions, please call a Benefits Representative at 1-888-421-8080

ETS: Esther