



Human Services Department
COUNTY OF SANTA CRUZ
IHSS Training



You may sign up for individual classes or the whole series.

CLASS SCHEDULE

- **Basic First Aid**

TUESDAY, JULY 11, 2017 10:00 A.M. - 12:00 PM

- **Mobility and Safety: Transfers and Lifting** WEDNESDAY, SEPTEMBER

20, 2017 1:30 PM - 3:30 PM **Room 207**

- **Self Care: Dealing with Frustration** TUESDAY, NOVEMBER 7, 2017 10:00 A.M. - 12:00 PM

- **Universal Precautions and Managing Medications** TUESDAY, JANUARY 9, 2018 1:30 P.M. - 3:30 PM

- **Nutrition for Everyone** TUESDAY, MARCH 13, 2018 10:00 A.M. - 12:00 PM

- **Understanding Child and Elder Abuse** TUESDAY, MAY 15, 2018 1:30 PM - 3:30 PM

Location: 1400 Emeline Avenue, Building K, Room 206 Santa Cruz

Fragrance-free event. As a courtesy to those affected, please attend smoke and scent free.

**Free training for
IHSS providers!
Improve your
caregiving skills!**

**To register, please call 831-459-6639 or register online at
www.delmarcaregiver.org/ihss-training**



Presented by
Human Services Department
County of Santa Cruz



Class will be taught by staff
of Health Projects Center